Project 1 – Dance-Step Cards

Materials
- Card stock
- Scissors
- Double-stick tape

The art can be found on the following pages:
- The Tango – page 2
- The Fox Trot – page 3
- The Waltz – page 4
- Left foot – page 5
- Right foot – page 6

Instructions
1. Print your dance cards on a piece of card stock. Let the print dry completely.

2. Cut around each card on the dotted lines.

3. Fold the trimmed card in half so that the dance steps are on one side and the image of the dancers is on the other.

4. Secure the folded card with a piece of double-stick tape on the inside.

5. Depending on which dance(s) you choose, print as many copies of each footprint as needed. Cut out each image and place it on the floor as shown on the dance card. You may wish to write the appropriate number on each step, as indicated on the card.

Idea: For added durability, consider laminating your cards.
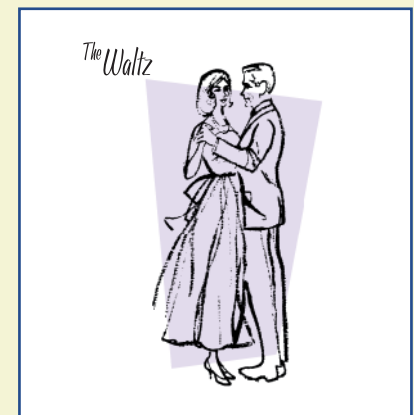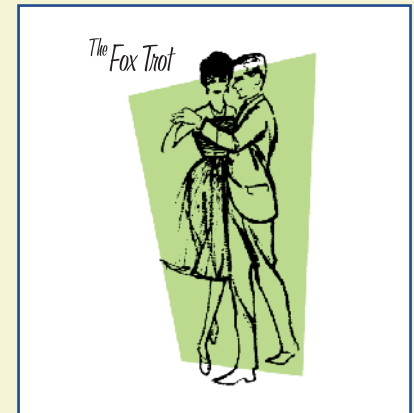
The Tango

The Tango made its first appearance during the greatest period of dance evolution in American history—1910 to 1914. It is one of the most highly stylized ballroom dances, adding romance to any dance scene.

BOYS

3 L
4 L 5 R
2 R
1 L
L R

Start Here
Place feet together and face your partner.
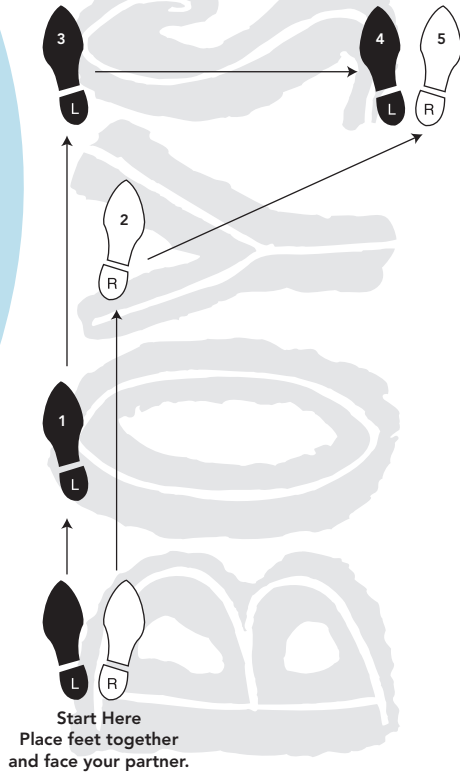
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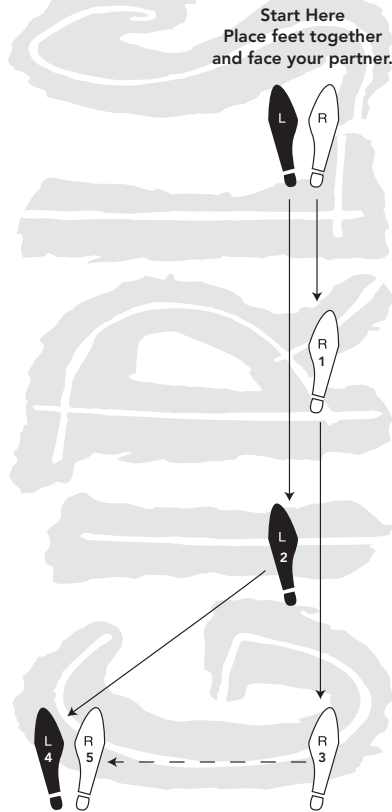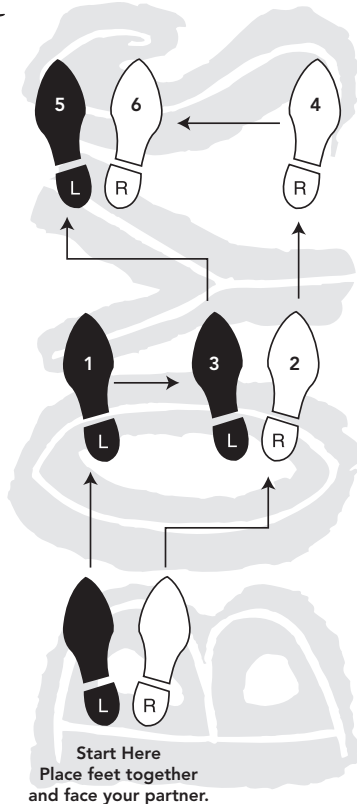
GIRLS

Start Here
Place feet together and face your partner.

L R
R 1
L 2
L 4 R 5 R 3

The Tango

The Fox Trot

The Fox Trot is a great starting place for learning to dance. It will teach you basic forward, backward, and side steps that you can later use in other dances. The Fox Trot is a joyful, creative dance – so enjoy yourself!

5 L **6** R **4** R

1 L **3** L **2** R

L R

Start Here
Place feet together
and face your partner.

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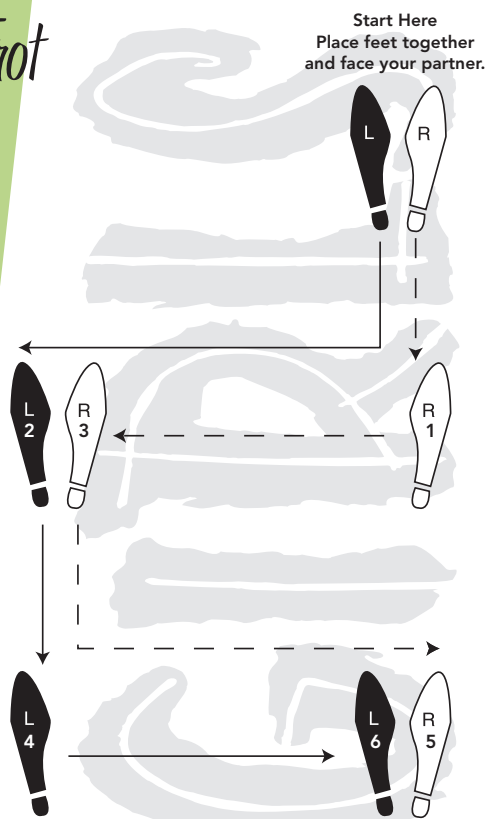
Start Here
Place feet together
and face your partner.

L R

L 2 **R 3** **R 1**

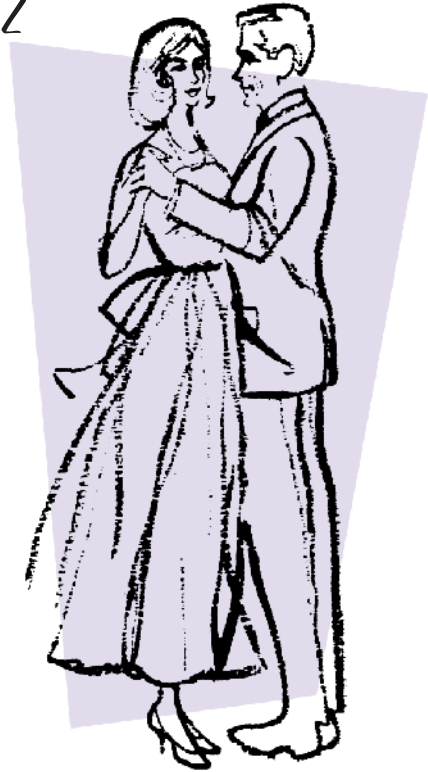**L 4** **L 6** **R 5**

The Fox Trot

The Waltz

When the Waltz was first introduced in the early 1800's, people were shocked. A man dancing with his hand upon a lady's waist? No proper young maiden would compromise herself so. Originating in the country folk dances of Bavaria, the Waltz was cherished property of the aristocracy until the beginning of the 20th century.

1 L **3** L **2** R

4 R

L R

Start and End Here
Place feet together and face your partner.
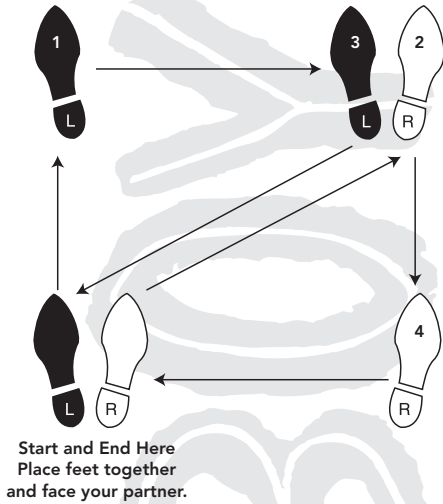
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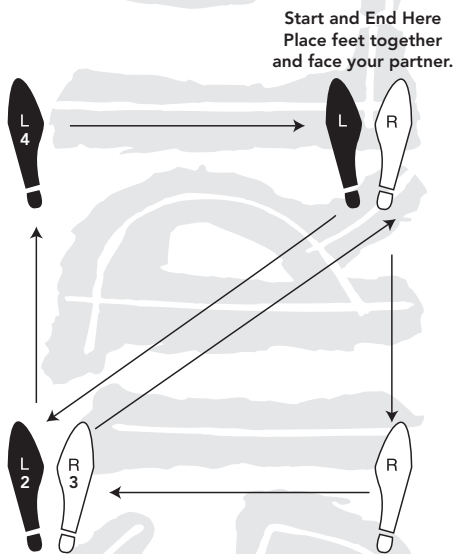
Start and End Here
Place feet together and face your partner.

L 4

L R

L 2 R 3

R

The Waltz

L

R