

Design Set 3 – Mehndi

Materials

- Iron-on T-shirt transfer paper
- One T-shirt (100% cotton is preferable, though a 50/50 cotton-polyester blend will work)

Instructions

Be sure to print the image onto the iron-on T-shirt transfer paper. Choose transfer paper that will work with your inkjet printer (we used HP Iron-on T-Shirt Transfers). Your image will print out in reverse. The art can be found on the following pages:

- Design 1 page 2
- Design 2 page 3
- Design 3 page 4

Idea: Make your T-shirt truly unique by adding sparkle and shine with mirrored discs, rhinestones, glitter, fabric paint, and beads. Here are some helpful tips:

- For quick and easy application, use a washable fabric glue or paint to attach your decorations. To make your designs more durable, we suggest applying your decorations with small hand-stitches.
- To add beads, apply a thin, even line of glue to your shirt and sprinkle your beads over it. Allow the glue to set before removing loose beads.
- Finally, be sure to hand-wash your T-shirt in cold water. This will help protect your design from wear and tear.











